



# Alaska Sentinel.

PUBLISHED WEEKLY.

WRANGEL ..... ALASKA.

Harry Thaw is so sane now that it  
hurts him.

Probably the Harvard stoop differs  
from a Yale porch only in unimportant  
particulars.

A "delegate at large" is one whose  
wife does not accompany him to the  
convention.

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Murat Halstead.

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but they do not relieve any one of an  
individual responsibility toward his fel-  
low creatures. If such a sense of re-  
sponsibility ever dies organized charity  
will die with it.

A Paris paper asks the American  
people to refrain from accepting Prince  
Helle de Sagan as a typical French-  
man. We will agree on one condition,  
which is that the French people will  
not accept the loudly dressed person  
who picks his teeth in public and is  
continually drawing attention to his  
wealth as a typical American.

A reviewer of Mr. Swinburne's  
drama, "The Duke of Canda," just  
published, notes that in the first scene  
one of the characters makes a speech  
of eighty words, all but five of which  
are monosyllables, and yet without pro-  
ducing any effect of monotony or of  
affectation. It is a good exercise in  
style to express one's thoughts in short  
words.

In land of distrust like Russia it  
is only natural that the precautions  
taken should be of the most drastic  
order, hence the use of a royal un-  
derstudy, who has always been a con-  
spicuous figure at that court. Indeed,  
it was the understudy of the late Czar  
Alexander III.—a man named Komar-  
off—who was murdered in Moscow  
some years ago, when the murderer  
thought he had covered himself with  
glory by assassinating the Czar. Nich-  
olas, like his father before him, has  
an understudy, and the many state  
functions he attended at the opening  
of his reign, when the relations with  
his people were less strained than they  
are to-day, were attended for the most  
part by proxy. No monarch, however,  
made such frequent use of his under-  
study as the late Emperor William of  
Germany. Every day, as the clock  
struck 12, the Emperor came out and  
bowed on the palace balcony. It was  
not until some time after the Emperor's  
demise that the secret was made known  
that the man who appeared daily on  
the balcony was the royal understudy.  
And the person who gave the secret  
away was the great Bismarck.

While the question of the exhaustion  
of the natural resources of the United  
States is occupying the center of the  
stage of public interest, it is worth  
while to consider the significance of  
statistics regarding the petroleum in-  
dustry which are new and startling.  
Here they are: Until 1888—just  
ten years ago—94 per cent of the mineral  
oil output of this country came from  
the States of Pennsylvania, Ohio, Indiana,  
Kentucky, Tennessee and West  
Virginia. Now, so far as quantity is  
concerned, this region holds second  
place. Last year its output was 60,  
000,000 barrels, while the output of  
Texas, California, Colorado, Wyoming,  
Kansas and Oklahoma aggregated  
100,000,000 barrels. Fifteen years ago  
there was hardly a suspicion that mineral  
oil was one of the resources of the  
West. The Western oil is not so available  
for illumination as for fuel, but there  
are now resources for illumination  
which were undreamed of when  
the Pennsylvania oil fields began to be  
exploited for kerosene. Then the elec-

tric light was only a scientific exper-  
iment. Now it is a competitor with the  
kerosene lamp, and in cities the lamp  
occupies second place. Every water  
power is now recognized as available  
to run electric dynamos for illuminating  
purposes and for operating machin-  
ery. It is well that the waste of  
natural resources should be avoided, but  
there is no reason for Americans to go  
into a decline through fear that their  
posterior will find themselves unable to  
support existence. This is a wonder-  
ful continent, whose riches, in spite of  
all that they have yielded, have only  
begun to be exploited, and are really  
only beginning to be understood.

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**SOUTH SEA "HIGH BROWS."**

**H**ILLICOLO, one of the larger is-  
lands of the New Hebrides, Miss Beatrice  
Grimshaw had the chance of photographing  
what she says in her recent book, "Fiji and Its Possibilities," had  
never been photographed before—the  
making of a conical head. A good many  
years ago certain men of science, who  
had procured skulls from all parts of  
the world, were struck by the extra-  
ordinary egg-like shape of some that  
came from Mallicolo. No one knew  
much about the people who owned these  
remarkable heads, and science forth-  
with erected a pretty theory on the  
basis furnished by the skulls, placing  
the owners on the lowest rungs of  
the human ladder, and inferring that  
they were nearer to the ape than any  
other type at that time known.

Later on some one happened to dis-  
cover it was that the skulls come  
to show this peculiar shape, and the  
marvel vanished when it was known  
that compression in infancy is the  
cause. It is still, however, a thing curi-  
ous enough. Several other nations com-  
press their infants' heads, but none  
seems to attain quite such a striking re-  
sult as the Mallicolans, in those dis-  
tricts where the custom is system-  
atically practiced.

A conical head, when really well  
done, rises up to a most extraordinary  
point, and at the same time retreats  
from the forehead in such a manner  
that one is amazed to know the owner  
of this remarkable profile preserves his  
or her proper senses, such as they are.  
Miss Grimshaw could not hear, how-  
ever, that the custom was supposed to  
affect the intellect in any way.

"It would be hard to affect what they  
haven't got," a trader observed on this  
subject.

The conical shape is produced by  
winding strong sennit cord spirally  
about the heads of young babies, and  
tightening the coils from time to time.  
A piece of plaited mat is first put on  
the head, and the cord is coiled over  
this, so as to give it a good purchase.  
The crown of the head is left to develop  
in the upward and backward fashion  
that is so much admired.

One fears the poor babies suffer very  
much from the process.

"The child I saw was fretful and  
crying, and looked as if it were con-  
stantly in pain," declares Miss Grim-  
shaw, "but the mother, forgetting for  
the moment her fear of the strange  
white woman, showed it to me proudly,  
pointing out the cords with a smile.

"She had a normally shaped head  
herself, and it seemed that she had suf-  
fered by her parents' neglect of this  
important matter, for she was married  
to a man who was of no particular ac-  
count. A young girl who was standing  
beside her when I took the photograph  
had evidently had a more careful moth-  
er, for her head was almost sugar-loaf  
shaped. It is interesting to know," adds  
Miss Grimshaw, "that this well-  
brought-up young woman had married  
a chief."

# Editorials

Opinions of Great Papers on Important Subjects.

## AND SO MAN CAN FLY.

It often happens that a person who devotes his whole life to a profession or business conceives at last a contempt for it. That he comes to regard it as the most undesirable of all means of making a living is true also, but in addition to this he looks upon it as a sort of humbug. There are lawyers, for instance, who after a long experience in the profession will, in their confidential moods, confess to intimate friends that the practice of the law is indispensable to society, and yet they make no secret of their contempt for courts, lawyers and juries. They consider that though the law is theoretically exact justice it is often only ignorance, prejudice and chicanery masquerading as such. Lawyers may have a dread of lawsuits on their own account and consider it the best service they can render a client to keep him clear of legal proceedings. But this feeling is by no means peculiar to lawyers. It is experienced just as commonly by physicians. Physicians believe that medical science is the noblest of all sciences. But it is a notorious fact that some of the worst things that are ever said about the practice of medicine are said by old practitioners. After reaching an advanced age they seem almost free to admit that all drug stores might be swept into the sea to great advantage. We might add many illustrations to the same effect, and for an explanation there is the natural weariness over our daily duties which is felt in all professions and all business, and the contempt that comes with familiarity. But since the feeling is so general it is evident that there is no very bright promise of a change from one kind of work to another, and the lesson to be drawn from it is one of content.

## NOT AFRAID TO DIE.

HOW many people could face certain death as bravely as did Dr. William H. Marsh, a wealthy citizen of Brooklyn, who passed away recently, a victim of hydrophobia? "You will die before Thursday noon; no human power can save you," he was told by a physician in the Pasteur Institute, where he had applied for treatment. He had gone to the institution too late to be helped. The symptoms of the dread disease were already visible to the practiced eye of the expert, and when asked for the truth the physician frankly told it.

Dr. Marsh accepted the sentence with fortitude. "I am not afraid to die," he said to his friends. "The past hides nothing that should make me ashamed to face the future," and he proceeded to put his earthly affairs in shape, that his loved ones might be protected. He instructed his physician to give him liberal doses of opium when the paroxysms appeared in order that his family should not be terrified at the sight, and then he calmly awaited the end.

What a sermon in this sad story! Dr. Marsh was no common hero. The man who goes into battle knows that he has more than an even chance for his life. Influenced by the prospect of large rewards in the shape of money or fame, men will face tremendous perils, for there is always hope. But there was no gamble in the

case of Dr. Marsh. A few hours before, apparently in perfect health, he was walking the streets of Brooklyn, happy and prosperous. Then his sentence fell, like a shadow across his path. And there was no escape from it. Yet his heart at this supreme crisis was light. "The past hides nothing that should make me ashamed to face the future," he said, and therein is found the key to this wonderful exhibition of courage. Remorse was a stranger to him, for he had lived right and dealt fairly with his fellow men. To be able to greet death with perfect stoicism under such circumstances is a heaven-born quality.—Toledo Blade.

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## OUR NEED OF WATER.

PHYSIOLOGISTS tell us that the animal body consists of almost 80 per cent water. Admitting this to be true, it would seem plausible that this quantity is necessary in order to carry on the normal physiological processes of the animal economy in proper condition. For similar reasons it would also appear plausible that should this quantity in any way be greatly reduced or diminished, either through normal processes of the body or through abnormal processes, this lost quantity must immediately be resupplied. Should such a withdrawal of water be permitted to be unduly prolonged, the disorders will assume such grave dimensions that life itself may ultimately be terminated. Elasticity and pliability of muscles, nerves, cartilage, tendons and even bones depend mainly upon the amount of water they contain. Water also serves as a distributor of bodily heat and regulates the body temperature by the physical process of absorption and elimination. Under normal conditions and in a proper degree of health this supply is ordinarily furnished partly by the food and partly by the drink we are daily consuming. An overindulgence in the use of water—provided it is not carried to excess—will seldom, if ever, be productive of any deleterious consequences.—Medical Recorder.

## A CURE FOR DESPONDENCY.

LARGE fleshy man with whiskers told me of a sovereign cure for despondency only yesterday. He had a number of girls in his employ, among them one that he knew was in struggling circumstances and supporting a sick mother on a none too healthy salary. She had come into the store and laid her purse and somber widow hat on the counter while she did something about the place.

The large fleshy man got between her and the purse, and when she was not looking he slipped a \$5 bill into it and moved unconsciously about his business.

In the afternoon he noticed that she had a red spot in each cheek and she was heard asking other girls if they believed in fairies. She never solved the mystery—it was two years ago—and never will unless she reads this. But the \$5 bill was very useful in its little way, and the large despondent man felt so good for two weeks that he hopped along on the sidewalk on his way home.—Minneapolis Journal.

## IN A SICILIAN PRISON.

TO reach the women's prison in Messina one must leave the Marina, the principal promenade and drive, to climb a steep hill by one of the few roads that lead to or from the town. As one turns one's back to the sea mountains and valleys open to the view, with here and there a villa half hidden among vines and orange trees. Higher a fort crowns the summit of a rocky crag, while the ruins of an old citadel stand out in bold relief against the autumn sky. Another turn of the road, and the driver brings his horse to a stand before the gates of what was once the monastery of the Capuchins. It is a white building, like a church in the center, with a long wing at either side. The site was chosen and the foundations laid by two pilgrims. It was handed over to the Capuchins in the sixteenth century, as is shown by an inscription over a low arched doorway, which bears the date of 1500. They continued in possession for nearly 300 years, until they were turned out by the Italian government in 1860.

The place has changed its character now; a sentry stands before the gate. Over a side door is written "Casa di Penna per Donne." Instead of the cowled monk who once answered the convent bell, the grating of locks is heard, and a warden in blue uniform admits visitors desirous of purchasing some of the work done by the prisoners. The way leads through the cloisters, which surround an open court. A statue of the Madonna stands in the center, encircled by a hedge of trailing vines, outside which many varieties of trees and flowers grow, such as Japanese medlars, oleanders, climbing roses, jasmine, lilies, etc. The work is shown by the well-known nuns of the order of Saint Vincent de Paul, whose principal convent is at Rome, whence the "sisters" are sent to all parts of the world, sometimes for life, sometimes to change their abodes again after a stay of from one to thirty years. There is embroidery of every description, church work in silver or gold mingled with silks of every shade on grounds of satin or silk, while raised flowers with delicate lace stitches adorn sheets, pillow cases, tea cloths, underlinen, etc., all in the most artistic designs. Being entrusted with this work forms a great alleviation to the sorrows of prison life. Some of the women develop a strong artistic power, and find real enjoyment in it, as it obliterates perhaps for a time the darker pages of memory. Besides this branch of labor, they make cushion lace and spin and weave linen; also cotton, silk, and wool for underclothing of every texture and warmth.

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and balls of worsted. As the Mother Superior enters accompanied by visitors all the occupants rise; each seems to enjoy showing her task, and glad to answer any questions about it. These rooms are bright and sunny, and some of them command lovely views of the Pelor Mountains, clad in every variety of foliage, from the prickly pear above to banks of maiden hair shaded by pepper trees at their base. They form a strong contrast to the dismal punishment cells, without light except what can enter through a small grating over the door.

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## YOU'RE TOO THIN.

Even slight Catarhial Derangements of the Stomach Produce Acid Fermentation of the Food.

### It's Stomach Catarh.

Some people are thin and always remain thin, from temperamental reasons. Probably in such cases nothing can be done to change this personal peculiarity.

But there are a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement.

Thin people lack in adipose tissue.

Adipose tissue is chiefly composed of fat.

Fat is derived from the oily constituents of food.

The fat-making foods are called by the physiologist, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows thin.

The beginning of the trouble is a catarhial condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juice is thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.

### SOAP LAKE SALTS,

Nature's Remedy. Cures Rheumatism; does not disarrange stomach. Good effect on the system; a blood purifier. Ask your druggist for Yellow Package or send 50c for sample package.

Soap Lake Salts Remedy Company  
Epler Block Seattle.

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Glassware. Nappies, Vases, Spoon Holders, Celery and Salad Bowls, Bon Bon Dishes, Punch Sets, Tumblers, Goblets.

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Furniture. Rugs, Lace Curtains, Cutlery, Lamps, Baby Carriages, Beds.

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# YOUNG FOLKS

### My Geography.

I wish a great white ship would come, And carry me, oh, so far, Where palm-trees grow and simoons blow And Arab caravans wind and go, And the green, shady oases are. Suppose that this magic boat should sail, Oh, sail with us leagues away, We could see ice-floes and Eskimos, And the northern lights all gold and rose, Where the sun shines by night and by day.

I think if I really saw the world Geography would seem true; But do they mean that Mexico's green, And England yellow? and I have seen In my atlas that Holland is blue! O dear, how I wish that ship would sail And teach my lesson to me! For though I study so hard in my book, And even when at the map I look, I can't learn my geography! —Youth's Companion.

### Meet or Meets?

The cashier of a certain bank had a placard put up one day, which was printed as follows: "The bill committee meets at 10 o'clock every morning." One of the directors came in soon afterwards, and having read the notice, he begged the cashier's pardon, but said that the verb should have been "meet," in the plural number, because the committee was composed of several persons, and their action could not properly be expressed by a verb in the singular number. Other directors came in presently, and all took part in the discussion, which was finally referred to a well-known linguist, who promptly said that the singular verb "meets" was right. It seems strange that a serious discussion should take place over a matter that is, after all, so simple as this. The committee was, and is, a body of men acting as a body in meeting, and it meets and decides questions in that capacity. Of course, the members, as individuals, "meet" each other, but when acting collectively they act as one. To say that the

"block No. 3" of the West Shore Railroad, just west of the entrance to the Weehawken tunnel, says the New York Tribune.

The device looks like a big iron hog's head sunk in the ground. Inside is a wheel with twenty spokes. On each of the spokes is tin-cased torpedo attached to an arm, and the duty of the complicated cogs and levers beneath the simple looking wheel is to thrust out these torpedoes upon the track so that the drivers of an engine may cause them to explode.

Mr. Zorge's system places in each "block" of a railroad three circuits, "approach," "locking" and "danger."

The length of a block is determined by the nature of the traffic, and at the Weehawken tunnel it is a mile. A train passing the approach circuit acts, through its iron wheel and axles, as a conductor which carries the electric current from the point where it is received across to another wire, through which it runs to the armature beside the torpedo machine. When the train passes beyond the point, a mile distant, it similarly readjusts the current, leaving the entrance to that block clear.

The point of the device is that if while the train is running through the block another train should come along so close behind as to pass the approach circuit this contact would de-energize the current. Then the mechanism of the signal would be set working and one of the spokes would be thrust out to the track surface and hold a torpedo there to be exploded. The concussion would put the engineer on his guard if he had not noticed the semaphore signal.

### German Humor.

The tendency of the German comic papers to employ continuously the same characters as "producers of mirth" is the subject of an article in a Berlin paper by Ludwig Bauer. The writer mentions as the most conspicu-

### QUEER, ISN'T IT?



HOW A BOOTJACK CAN BECOME A JACK BLACKENING BOOTS.

committee "meet," is as bad an error as to say that the "board of directors have" declared a dividend," or that the "Air-Line Railroad have" determined to run trains every hour."

### Cut-Up Pictures.

There is a craze just now for sectional pictures. The grown-ups have taken up this children's game and are so fond of it that they have formed clubs in Boston just to play it. If you want to make a sectional picture game I'll tell you how.

First, you choose a large colored picture—perhaps your mother will let you take one from a large magazine—and you paste it on a sheet of cardboard and after it is dry cut it up into little pieces with nice, irregular edges. The "grown-ups" paste the picture on a thin sheet of wood and cut it up with a scroll saw and afterward polish the edges with sandpaper, but this is much harder to do, although it makes the game more durable. When they are all cut out mix up the pieces and then try to fit them together to make the picture again. Even when you have cut out the game yourself and know what the picture ought to look like when it is finished you will find it hard to put it together again and when some one else has made it and you don't know what the picture is going to be it is harder. And it is still harder if, when you cut it out, you separate the different colors of the picture by cutting along the outlines of the figures. If any one asks you to make something for a fair you might make some sectional picture games.—Chicago News.

### Timber and Cast Iron.

The strength of materials is a factor of the utmost importance in all building operations, and builders are guided by scientifically conducted tests, a record of which they all have. Here are some of the figures that these tests show: The testing piece being 12 inches in length and one inch square, and the wood being seasoned, the breaking weight of white pine is 135 pounds; yellow pine 150 pounds; chestnut, 170 pounds; ash 175 pounds; white oak 240 pounds; hickory 270 pounds; iron 5,781 pounds. The same materials will bear with safety the following weights: White pine 95 pounds; yellow pine 100 pounds; chestnut 105 pounds; ash 115 pounds; white oak 196 pounds; hickory 200 pounds; iron 4,000 pounds.

### NEW RAILWAY SAFETY DEVICE.

#### Invention Automatically Places Torpedoes on Track of Erring Train.

A signal device that automatically places torpedoes in the path of trains was exhibited at New Durham, N. J. Saturday by the inventor, Robert J. Zorge, a member of the Chicago board of trade, to a party of reporters. The safety device has been installed on

# THE WEEKLY HISTORIAN



### POLAR NIGHT DREARY.

Day, Which Is Summer, Endurable, but the Winter Heart-Breaking. During a polar winter the average thickness of the ice on the ocean where no storms or strong tides interfere reaches six feet or more. There is really no warm season. Even during the long summer days, says the Science Monthly, snow falls frequently. Clear spells are relatively warm, but, especially in the antarctic, fogs and clouds are frequent, while winds bring temperatures.

Nevertheless the summer near the margins of the arctic zone is described in the Journal of Geography as having clean, crisp, pure air, free from dust and with little precipitation.

The monotony and darkness of the polar night are decreased a good deal by the long twilight, due to the high degree of refraction at low temperatures. The sun actually appears and disappears some days before and after the times which are geometrically set for the change.

Light from moon and stars and from the aurora also relieves the darkness. Optical phenomena of great variety, beauty and complexity are common. Solar and lunar halos and corona and mock suns and moons are often seen. Aurora seem to be less common and less brilliant in the antarctic than in the arctic. Sunset and sunrise colors within the polar zones are described as being extraordinarily brilliant and impressive.

The best kind of a testimonial— "Sold for over sixty years."

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Ayer's SARASAPARILLA, PILLS, CHERRY PECTORAL.

# Is Your Hair Sick?

That's too bad! We had noticed it was looking pretty thin and rough of late, but naturally did not like to speak of it. By the way, Ayer's Hair Vigor is a regular hair grower, a perfect hair tonic. The hair stops coming out, grows faster, keeps soft and smooth. Ayer's Hair Vigor cures sick hair, makes it strong and healthy.

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is made of the best selected meat, scientifically prepared and evenly baked by damp heat in Libby's Great White Kitchen. The natural flavor is all retained. When removed from the tin it's ready to serve.

It can be quickly prepared in a variety of styles and nothing makes a better summer meal.

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